

PEACHY GREEN PINEAPPLE SMOOTHIE

Serves: 2 | Prep time: 5 minutes

INGREDIENTS:

1 cup **Cabot Vanilla Bean low-fat Greek yogurt**

1/2 cup frozen (or fresh) peaches

1/2 cup frozen (or fresh) pineapple

1 medium banana, peeled

1/2 cup raw kale

2 cups milk

PREPARATION:

In a blender, combine yogurt, peaches, pineapple, banana, kale, and milk. Blend on high until smooth and creamy. Serve immediately.



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